



REI Class Date: 9/9/2009

Time: 6:45 to 9 pm

Indoor Class Free
REI LBJ Dallas

\$105 Outdoor Class (optional)
on Sep 19 – 20

Camping at Doris Camp
Ground Wichita Mountains
Wildlife Refuge, Lawton OK
Class starts at 8:00 am Saturday

Fee Includes :

- A) *1 yr TM membership*
- B) *The book:*
How to Rock Climb
By John Long
- C) *2 days of hands on Basic*
Rock Craft instruction

Texas Mountaineers Beginning Rock Class



Highlights

- Indoor Session REI 9/9/09 6:45-9pm LBJ Dallas Free!!
- Intro to Climbing in DFW area
- Hands on gear and knots
- Outdoor Session sign-up and liability waiver forms \$105
- Outdoor Session 2-days Sep 19-20, 2009
- Wichita Mountain Wildlife Refuge Lawton, OK
- Safety Systems
- Belaying
- Top Roping and Top Rope Anchors
- Climbing Techniques: faces, cracks, dihedrals, chimneys ...
- Rappelling

Contact REI
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www.texasmountaineers.org