



Indoor Class Date:  
Backwoods Ft. Worth  
8/31/2010  
REI Dallas 9/15/2010

Time: 6:30 to 8:30 pm

### ***Indoor Class is Free***

*\$105 Outdoor Class (optional)  
on Sep 25– 26*

*Camping at Doris Camp  
Ground Wichita Mountains  
Wildlife Refuge, Lawton OK  
Class starts at 8:00 am Saturday*

#### *Fee Includes :*

- A) 1 yr TM membership
- B) The book:  
*How to Rock Climb*  
By John Long
- C) 2 days of hands on Basic  
Rock Craft instruction

#### *Email*

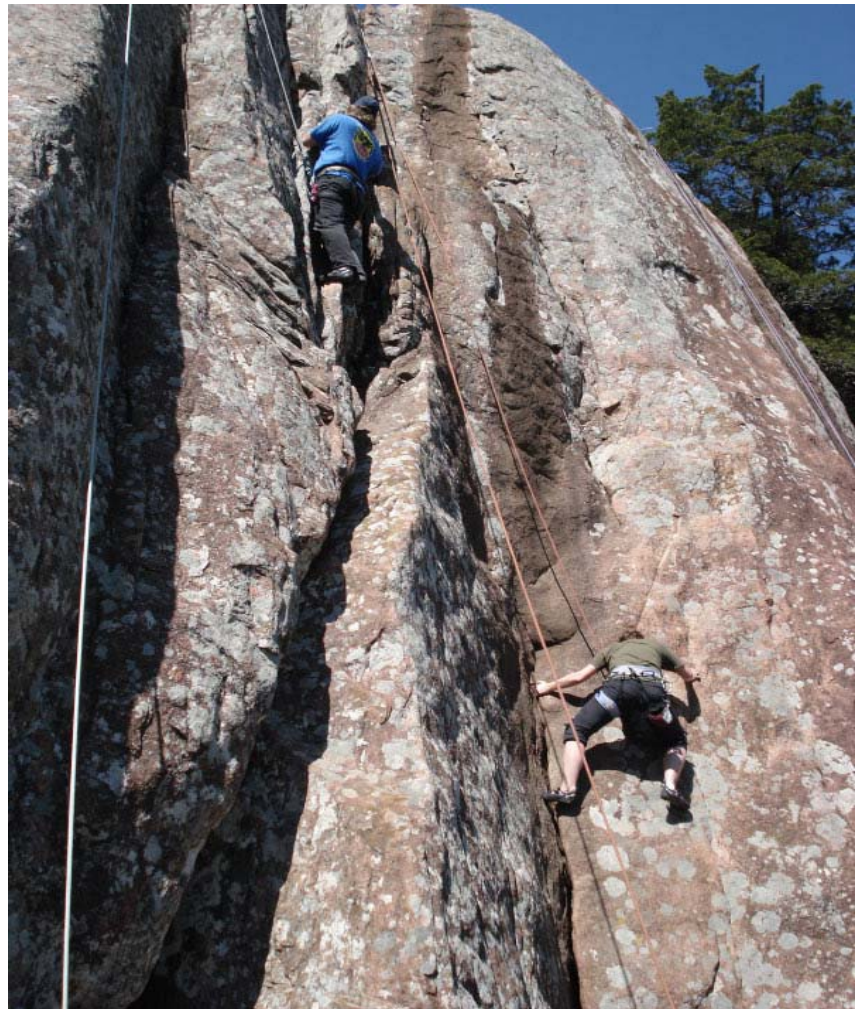
*classes@texasmountaineers.org  
or call Stan or Candace to reg-*

Contacts:  
Backwoods Ft. Worth  
or  
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REI Dallas  
or  
Candace Kelley (214)354-5906

[www.texasmountaineers.org](http://www.texasmountaineers.org)

# *Texas Mountaineers* Beginning Rock Class



### **Highlights**

- Introduction to Climbing in DFW area
- Climb at the Wichita Mountain Wildlife Refuge Lawton, OK
- Hands on gear; biners, belay device, cams, stoppers, tri-cams, hexentrics, slings
- Hands on Knots; water knot, figure eight retrace, fisherman's, autoblock
- Safety Systems
- Belaying
- Top Roping and Top Rope Anchors
- Climbing Techniques: face, crack, dihedral, chimney ...
- Rappelling